



## HOW WELL DO WE COMMUNICATE?

Who among us do not wish for better communication in our lives? With the advent of so many new gadgets and technology that keep us constantly wired and connected, one would expect that communication is not an area that we would expect to be having problems anymore. And yet, we continue to experience the frustration of bad communication and the pain of isolation in this world of instant and perpetual 'connectedness'. Why is that? Perhaps it is because genuine communication requires more than a connection. It requires more than words.



In his recent message in preparation for World Communications Day 2012, Pope Benedict XVI reflected on the role of silence in communication. Here are some choice quotes from his message for our contemplation. May they help us have a deeper understanding of what is needed in loving, Christian communication with others.

- Silence is an integral element of communication; in its absence, words rich in content cannot exist. In silence, we are better able to listen to and understand ourselves; ideas come to birth and acquire depth; we understand with greater clarity what it is we want to say and what we expect from others; and we choose how to express ourselves.
- By remaining silent we allow the other person to speak, to express him or herself; and we avoid being tied simply to our own words and ideas without them being adequately tested. In this way, space is created for mutual listening, and deeper human relationships become possible.
- When messages and information are plentiful, silence becomes essential if we are to distinguish what is important from what is insignificant or secondary.
- The eloquence of God's love, lived to the point of the supreme gift, speaks in the silence of the Cross.
- If God speaks to us even in silence, we in turn discover in silence the possibility of speaking with God and about God.
- In speaking of God's grandeur, our language will always prove inadequate and must make space for silent contemplation. Out of such contemplation springs forth, with all its inner power, the urgent sense of mission, the compelling obligation "to communicate that which we have seen and heard" so that all may be in communion with God.
- Silent contemplation immerses us in the source of that Love who directs us towards our neighbours so that we may feel their suffering and offer them the light of Christ, his message of life and his saving gift of the fullness of love.
- Word and silence: learning to communicate is learning to listen and contemplate as well as speak. This is especially important for those engaged in the task of evangelization: both silence and word are essential elements, integral to the Church's work of communication for the sake of a renewed proclamation of Christ in today's world.

Excerpts from Pope Benedict XVI's Message for the 46th World Communications Day [Sunday, 20 May 2012]  
From the Vatican, 24 January 2012, Feast of Saint Francis de Sales.

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## FOURTH SUNDAY IN ORDINARY TIME 28 / 29 Jan 2012

### AT A GLANCE

**MONDAY 30 JAN**  
4th Week, Ordinary Time

**TUESDAY 31 JAN**  
St John Bosco, Priest, *memorial*

**WEDNESDAY 1 FEB**  
4th Week, Ordinary Time

**THURSDAY 2 FEB**  
**THE PRESENTATION OF THE LORD,**  
*feast*

**FRIDAY 3 FEB**  
4th Week, Ordinary Time

**SATURDAY 4 FEB**  
4th Week, Ordinary Time

**SUNDAY 5 FEB**  
Fifth Sunday In Ordinary Time

- Parish Event
- Special Notice
- Liturgy Related
- Outward Bound



### INFANT BAPTISM: Sun 5 Feb | 3pm

Preparation Course:  
Thur 2 Feb | 8pm | Main Church

**Baptism Application Form:**  
Available from Parish Office, church racks or website. Submit completed form with a copy of child's Birth Certificate to Parish Office **1 week** before Baptism date.



### EUCHARIST

Sat: 6.55am (Morning Mass)  
 Sat: 5.30pm (Sunset Mass)  
 Sun: 7.30am (Mandarin), 9am, 10.45am,  
 12.30pm, 5.30pm, 7.15pm  
 3rd Sun: 3.30pm (Indonesian)  
 Weekday: 6.55am (with Morning Prayer)  
 & 6.30pm



### NEXT WEEK'S READINGS

**R1** Job 7: 1-4, 6-7  
**R2** 1 Cor 9: 16-19, 22-23  
**G** Mk 1: 29-39



### NOVENA

To Our Lady:  
 Sat, 5pm  
 To St Anthony:  
 Tue, after 6.30pm Mass



### ROSARY DEVOTION

Mon-Sat, after Morning Masses  
 Family Rosary: Every Sat, 4.30pm



### RECONCILIATION

20 mins before Sunday Masses, or by personal appointment with priest



## CHURCH OF ST MARY OF THE ANGELS

5 Bukit Batok East Ave 2, Singapore 659918 | [info@stmary.sg](mailto:info@stmary.sg) | [www.stmary.sg](http://www.stmary.sg)

Parish Office

Tel: 6567 3866 | Fax: 6562 1824

Columbarium Office

Tel: 6560 6361

## GOOD NEWS

Capernaum, hometown of Simon and Andrew, became Jesus' home base too. On the Sabbath, he went out to the synagogue to teach with authority over physical and evil spirits. He dramatically cast out devils, curing Simon's mother-in-law and healing many other sick people.



Jesus went about the messianic work. That labour came to fruition as he cast out death itself in his passover to resurrection. Bolstered by prayer, Jesus singlemindedly set out to spread the good news. How do we join him?

Fourth Sunday in Ordinary Time, Year B. Illustration © 1999 S. Erspamer. Text, Philip J. Sandstrom, STD © 2000 OCP. All rights reserved.

## HIGHLIGHTS

### PARISH ASSEMBLY 2012 - REGISTER NOW!

**SAT 18 FEB | 7 - 9.30pm | Main Church**

This year is the 50th Anniversary of the Vatican II. Pope Benedict XVI declared a Year of Faith which will begin on 11 October 2012 and will conclude on 24 November 2013, the Solemnity of our Lord Jesus Christ, Universal King.

Our Parish Assembly 2012 will focus on how we can continue to grow in our faith and be disciples of Christ in- and out-side Church.

REGISTER for our Parish Assembly 2012 which will be held on SATURDAY, 18 FEB, from 7pm to 9.30 pm at the CHURCH.

Registration can be done online at [www.stmary.sg/pa2012](http://www.stmary.sg/pa2012) or at the Piazza. Registration is necessary to facilitate plans for dinner which will be served after the assembly.

This year a new Parish Pastoral Council will be elected. Nomination is now open. Nominations can be submitted to Chairman, PPC at [leow.shirley@gmail.com](mailto:leow.shirley@gmail.com) from 28 Jan to 12 Feb.

See page 2 for more Highlights...

# HIGHLIGHTS

## What is Vatican II all about?

The 2nd Vatican Council started in 1962. This year marks the 50th anniversary since this council started. As part of this celebration, our parish has organised a series of talks throughout 2012. You are invited to come for the 1st series of talks, which will give a broad overview and introduction to Vatican II, on the following dates:

21 Feb 2012	Vatican II – Introduction, Background, History	Speaker : Arthur Goh, Director - Singapore Pastoral Institute
28 Feb 2012	Vatican II & Me	Venue: St Clare Hall   Time : 8 – 10pm
6 Mar 2012	Vatican II & My Work	To register: ✉ aff@stmary.sg
13 Mar 2012	Vatican II & My Parish	
20 Mar 2012	Vatican II & My Neighbour	

## NCC SECRETARIAT

Stephen Wong, Pastoral Assistant | stephen@stmary.sg

### NCC MEETINGS FOR THE COMING WEEK

**Mon 30 Jan – Fri 03 Feb**

The following Neighborhood Christian Community (NCC) will be having their meetings for the coming week:

#### **Bukit Batok Area**

Blk 203 Bt Batok Street 21 | Wed 01 Feb 8pm

West Mall NCC | Helen ☎ 9479-7964

#### **Bukit Panjang Area**

Blk 654 Senja Road | Thur 02 Feb 8:30pm

Bukit Batok NCC | Rey ☎ 9680-4761

#### **Bukit Timah Area**

51 Hindhede Walk, Springdale Condo | Tue 31 Jan 8pm

St John NCC | John ☎ 9185-3052

24J Bangket Mayfair Park | Wed 01 Feb 8pm

May Fair NCC | Tim ☎ 9835-9798

49 Toh Tuck Place | Wed 01 Feb 10:30am

Mystical Rose NCC | Monica ☎ 9328-6862

#### **Choa Chu Kang Area**

Blk 681 Choa Chu Kang Crescent | Thur 02 Feb 8.30pm

Yew Tee NCC | Gani ☎ 9154-8405

Blk 638A Choa Chu Kang Crescent | Fri 03 Feb 8pm

Mary's Soldiers NCC | Gina ☎ 9168-3047

Blk 455 Choa Chu Kang Ave 4 | Mon 30 Jan 8pm

Choa Chu Kang Ave 4 NCC | Charles ☎ 9237-5737

#### **Hillview Area**

26 Hillview Regency Bt Batok East Ave 2 | Fri 03 Feb 8pm

Hillview Regency NCC | Lily ☎ 9686-5595

49 Hillview Ave Hillington Green | Fri 03 Feb 8pm

Hillington Green NCC | Brendan ☎ 8180-5648

Please contact the respective NCC coordinators for more details.

## CATECHETICAL OFFICE

Agatha Cheong, Director | acheong@stmary.sg

### Sec 4 Confirmation Session

Please be reminded that sessions for Sec 4's resume next Sunday, 5 Feb at 11.45am at St Clare Hall.

## AROUND ST MARY'S

### Passion Play Auditions

Are you aged 13 - 30? Love singing and/or acting? Looking for a meaningful way to journey through Lent? Colours of Faith is looking for actors and singers for their annual passion play happening this Good Friday. Open auditions are on 11 & 12 February, 7pm at Room 6. Sign up at the booth outside church or drop an e-mail to ✉ coloursoffaith@gmail.com

### Canteen Closed Jan 29

The canteen will be closed on Jan 29. We will resume service on Feb 5.

### Collection of Palm Leaves for Ash Wednesday

The parish is now collecting old palm leaves for ash Wednesday. Kindly drop them at the collection points near the entrance doors.

### Volunteer Carpark Supervisors on Weekdays

The parish would like to invite volunteers to supervise the use of the car parks on weekdays. Interested volunteers can submit their names and contact numbers at the parish office.

### Family Life Ministry - Parent Support Mtg Sunday Jan 29 | 3.30pm – 5.30pm | Basement Room 2, St Clare Centre

Those interested to know more about F/Life Outreach activities for 2012 are welcome! Do join us for Tea & Fellowship & bring along your relatives & friends as well as your Lunar New Year cookies!! God bless! Contact Parent Support ☎ 96993134

### RCIY

Have any friends between the ages of 13 and 20 who are interested in our Catholic faith? Invite them to sign up for the Rite of Christian Initiation for Youth! Weekly sessions (Saturdays) commence on 17 March 2012. To register or enquire, please contact: Andrew ☎ 91004832 ✉ andndrew@hotmail.com

### Divine Mercy Prayer Group

Divine Mercy Prayer Session will resume on Feb 2 at 7pm, followed by Lo Hei potluck. All are welcome. Come and Experience the Love and Mercy of God every Thursday at 7.45pm.

### Body Prayer/Liturgical Dance – A prayer experience through movement

Join our community of dance-prayers in 2012!

Dates/Times:

1) 30 Jan & 6, 13, 20 Feb, 9.15 am - 10.45 am (Mondays)

2) 7, 14, 21, 28 Feb, 8.00 pm - 9.30 pm (Tuesdays)

Venue: Dance Studio (B11)

Fees: \$25 for 4 classes, or \$10 for a single class. Please register via email or SMS, space is limited to 15 people. Comfortables clothes, bare feet; no dance experience required.

Contact instructor for queries:

✉ vera@verahandojo.com | ☎ 8333-4585

### GOD'S EXTRAVAGANT LOVE | 17-19 Feb

An invitation to experience God's Extravagant Love from a Franciscan perspective.

Love & Primacy of Christ

Creation & Humility of God

Dignity of the Human Person

Come see how much more there is to God's plan than meets the eye!

Contribution \$100 for whole package. \$20 for only the Public Lecture on 17 Feb.

Register Now: Janet ☎ 97560239 | Fred ☎ 90080544.

Email ✉ franciscanfamily@gmail.com

Check out more news at Weblink:

☞ <http://www.stmary.sg/announcement/515/gods-extravagant-love>

### RCIA

RCIA new cycle for inquirers will commence on 2 Feb for 10 weeks on every Thursday at 8pm at St Clare Hall.

This is an introduction stage for inquirers to experience the initial faith journey and if the process is suitable and one wishes to continue, then the next stage is known as "Catechumenate stage". Catholics are also welcome to accompany the inquirers on this journey till their baptism in March 2013.

For enquiries, please contact the following coordinators:

Philip Lee ☎ 9772-5794 | June Chen ☎ 9645-5469

## MANDARIN CORNER 堂区通讯

### 2012年华文成人慕道班开始招生了。

开课日期是2-2-2012 (星期四)晚上8点。

有亲戚朋友要认识天主教信仰的, 请向慕道班负责人报名。

### 华文上主慈悲敬礼组

请大家在31/1/12 (星期二) 早上9点继续回来聚集祈祷。

### 为圣灰礼仪回收旧的棕榈叶

堂区现在开始为圣灰礼仪回收旧的棕榈叶, 请将它们放在靠近大门口的收集点。

### 志愿者在周日管理停车场

堂区予邀请志愿者在周日管理停车场, 有兴趣的志愿者可将他们的名字和联络号码呈交给堂区办公室。

## PARISH SOCIAL WORKER

The parish of St Mary of the Angels is looking for a social worker with the necessary qualifications to be part of the parish team that would look into the pastoral areas of family life, coordinating the social needs of people in the parish and other areas of care. Interested applicants should write to Fr John-Paul Tan at ✉ jptan@stmary.sg with the necessary Curriculum Vitae and copies of professional qualifications attained.

### Charismatic Prayer Group

Prayer meetings will resume on Feb 3, Friday, at 8pm in rooms 6 & 7.

## OUTSIDE THE PARISH

### Media Makan: Ordering What's Good For You

Thurs 9 Feb | 7 - 8.30pm |

Catholic Archdiocesan Education Centre (CAEC), 2

Highland Road, St. Peter's Auditorium, 2nd Floor

Today, we are all communicators! Come and learn from media expert, Dr. Eugene Gan, the keys to producing and consuming media with a Catholic view. The talk is free and open to all ages. Light refreshments will be served.

Register by 3 February at

☞ <http://registration.catholic.org.sg>

### FINDING GOD IN ALL THINGS

Fri 3 Feb | 7.30 pm - 9.30 pm | Cana The Catholic Centre

A series of talks organised by the Jesuits to help the faithful better appreciate the richness and diversity of our Church and faith. The wide variety of topics will range from the arts to sciences, spirituality to social ministry. The first in the series is "FAITH IN ECOLOGY - Go Green and Say Amen to Jesus!" by Fr Joseph "JoJo" FUnG, SJ. Registration: ☎ 6336-4815 / ☎ 6336-4467 or email ✉ cana@catholiccentre.com.sg

餐厅在29 / 1没有营业。

### 堂区大会2012—立即报名!

今年是梵蒂冈第二大公议50周年纪念, 教宗本笃十六世宣布从2012年10月11日开始为信德年直到2013年11月24日的耶稣基督普世君王节结束。

我们2012年的堂区大会的中心点将探讨如何使我们的信德继续成长并在教会内和外如何活出基督。

2012年堂区大会将在2月18日星期六晚上7点到9点30分在教堂内举行。

你可在广场或上网报名,

网址: [www.stmary.sg/pa2012](http://www.stmary.sg/pa2012)。

为了准备足够的晚餐供大家会议后享用, 因此登记报名是必要的。

由于今年将改选新的堂区理事, 因此现在开始接受提名。

从1月28日开始到2月12日, 你可向理事会的主席提名, 网址: [leow.shirley@gmail.com](mailto:leow.shirley@gmail.com)